

RESTORING THE HEART



NAME: _____

MARCH 18, 2023

SCHEDULE

8:30-9:00	Registration & Picture Fun
9:00-9:10	Welcome
9:15-9:55	Young Girls: Crafts Older Girls: Dance Session Q & A Panel Sessions A1 & A2
10:00-10:40	ALL GIRLS: Princess Lessons * Laurie Anderson Q & A Panel Sessions B1 & B2
10:45-11:25	Young Girls: Dance Session Older Girls: Craft Stations Q & A Panel Sessions C1 & C2
11:25-11:35	Girls Dance (Sanctuary)
11:35-12:25	Light Lunch (Gym & Family Center) Photo Booth Fun Yummy Desserts
12:25-12:55	Stage Games & Prizes Announced * Must be present to win!
12:55-1:30	All girls: MOANA Movie (Youth Room) Adults: Keynote Session (Sanctuary) * Julie Brenton
	THANK YOU for coming! * Remember to get your girl's TAKE HOME BAGS & prizes!!! Unclaimed Prizes will be given to those cleaning up :)
1:30	Clean Up Begins * We won't turn down help - wink wink (MOANA Movie will continue to show upstairs)

Find The Guest MOANA STYLE

Find people who match the traits on the card below. When you do, have that person sign the appropriate square. Note: Each person can only sign your card once! Once you get 5 in a row, you

EARN A FLOWER LEI

When you show your bingo to one of our "kakamora" volunteers.

Dressed as Princess Moana	Has been on an island before	Likes to eat chicken (boat snack)	Collects seashells	Is wearing a necklace
Has seen the movie Moana	Is the <u>SAME</u> age as you.	Can hula dance	Has been to the ocean.	Loves to swim
Has been to Disney	Traveled 1+ hours to get here today		Has a tattoo	Has NEVER seen Moana
Has black hair.	Is wearing a Crown	Loves the beach	Has a pet pig	Can Sing How Far I'll Go (must hear some of the song)
Has rode on a sailboat before.	Has tried a Coconut	Is wearing something SHINY	Is here with their grandma	Is wearing a BLUE dress.

"M@ANA" GOSPEL

By Timaree Goertzen

Waves roar upon the shoreline; crashing into the sand like a **HEART SPLITTING** right open. A heart like yours and mine that feels big feelings and asks big questions. And one of those big

questions might just be three simple words - *"Who am I?"*

So simple. And yet, it can feel like a tidal wave sweeping overhead. Am I someone's child, or parent, or spouse, or friend, or student? And is that all that I am? Maybe your soul is asking this too. Wondering if

there **IS SOMETHING MORE OUT THERE** - if maybe *YOU* were made for just a little bit more. We search for it in our activities and accomplishments, but those often leave us feeling even more lonely and empty. It can be easy to become an island when our soul is feeling left out at sea. But when our lives become islands, our hearts slowly decay. Maybe you are standing at the edge of the water, wondering what it looks like to get off the island. What is beyond the reef? If your world feels a little bit broken and misunderstood, that's because it is. But it wasn't always that way.

Our world was once a paradise. Perfect in every way.

God created man to be filled by Him - to be His beloved. But man decided they knew better than God. And because of that, **OUR WORLD FELL UNDER A CURSE**. And the curse could not be fixed by human hands or even a demigod. No, in this story,

God fixes the curse through Jesus.

He sent Jesus to both pay the cost and provide an infinite solution for all humanity. *Paradise will one day be restored.* And in the

Christian story, paradise is restored forever. We can step off the island and find the place that our hearts long to be - in the arms of our

Savior. *He is the Chief who fills our longings and promises to make all things new.*

THIS IS THE STORY OF JESUS' VICTORY - NOT A DEMIGOD, BUT FULLY GOD - FIXING EVERYTHING AND INVITING US TO KNOW EXACTLY WHO WE ARE - CHILDREN OF THE TRUE CHIEF.

PANEL SESSIONS

* Held in the Gym

PANEL SESSION A1

WOMEN'S HEALTH

Encouraging and equipping women to be healthier through exercise, diet, and sleep habits.

Jenny Beck
Amy Owens
Angie Coufal
Jen Ramaekers

PANEL SESSION B1

MENTAL HEALTH

Speakers in this session will share their story and expertise in regards to mental health as well as do their best to answer any questions submitted by you.

Kaylee Freese
Carissa Phillips
Emily Hoegh

PANEL SESSION C1

GOD DOESN'T WASTE @UR PAIN

Yes, our world is broken, but that doesn't mean God is not working to make all things beautiful again. Hear how God is showing himself over and over in the lives of those who have experienced some deep pain.

Amy Adams
Kayla Messersmith
Megan Hunnicutt Rikli

* Held in the Sanctuary

PANEL SESSION A2

YOUR MARRIAGE MATTERS

This session will be spent answering questions submitted by you and your peers as well as advice they have for couples of all ages.

Dani Klute
Marci Epp
Nicole Johnson

PANEL SESSION B2

FAVORITE APPS & B@OKS

This session spends time reviewing some great resources for your kids as well as for you as a mom, wife, friend, &/or follower of Christ.

Hannah Beck
Anna Hunnicutt
Yvonne Carlson
Alyssa Bartek

PANEL SESSION C2

WELCOME TO PARENTING

This session will be a Q & A session based on questions submitted by you and your peers when registering.

Lisa Reichardt
Charis High
Deb Oswald
Ashley Holtorf

A1: WOMEN'S HEALTH

9:15-9:55

Jenny Beck - jennybeck1967@gmail.com

I have always been interested in health and physical activity. I graduated with a degree in Math and Physical Education but chose to stay home while our kids were young. I have worked at the Fitness Center in Central City for the past 18 years. In my late thirties I took up running and have done several 1/2 marathons as well as one full marathon. I Corinthians 6:19-20 talks about honoring God with our bodies.

Amy Owens - owensamy10@gmail.com

I own and run Tri-Fit Aurora in Aurora. I get to use all my passions and experience under on roof. I do Personal Training for all ages and fitness levels. I assist individuals to meet there health and weight loss goals. I teach many classes one that I enjoy the most is Restorative Yoga. This is a time where individuals can find rest by relaxing into poses all while hearing Gods truth. My husband Nick and I have a combined blended family of 10 kids and 4 grandkids. So we keep busy with all of their activities. In our spare time we like to run and do anything that's active.

Angie Coufal - coufalangue@gmail.com

"I can do all things through him who strengthens me." Philippians 4:13. Rest, crazy as it may sound, actually takes strength in our modern society. We are so busy running ourselves ragged, anxious about our to-do lists or the coming days, we put our own rest/restoration out of sight. I have fallen into this business and still do at times, most often not realizing it until something begins to crumble. It's then I have to remember that God is our source and our strength. He will keep us and strengthen us where our ability ends, including times of rest. I currently work at CHI Health-St Francis as a polysomnography technician where we treat patients with a variety of sleep related disorders. I graduated from UNK and Immanuel Medical Center with a degree in Respiratory Therapy before going back to college and receiving my degree in sleep. Health and fitness have always been an important part of my life. I enjoy running, lifting and spinning. I was a spinning instructor before becoming a sleepless mom of twins. My husband and I have 3 children and love to travel, do outdoor activities, cook and follow our children through their adventures.

Jen Ramaekers - jramaeke@live.com

Colossians 3:23 says "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters". Jen graduated with a Bachelor of Science degree in Chemistry and Doctorate Degree in Pharmacy from the University of Nebraska Medical Center. She consulted women regarding hormone balance and healthy lifestyles for over 18 years at Kubat Pharmacy in Omaha and Redline Pharmacy in Hastings. She retired from pharmacy in 2021 and now stays home full time to raise her six kiddos. She taught kickboxing at Herz Fitness studio for 4 years, knowing the only way for her to stay in shape when her kids were young was to teach a class. She is currently a core group leader for Community Bible Study in Grand Island. She enjoys reading, exercising and cheering on her kids at their multiple activities.

A2: MARRIAGE MATTERS

9:15 - 9:55

Dani Klute - cdklute@hamilton.net

I was temporarily living back in my hometown of Aurora when I caught the bouquet at a friend's wedding. This resulted in a lot of teasing to which I replied, "Ya right, I don't even have a boyfriend!" A month later (on Good Friday and Friday the 13th) I met Chad through a mutual friend. The next day he picked me up from work and took me to the York airport, where his uncle was waiting to take us on a surprise airplane ride for our first date, since Chad knew I was applying to be a flight attendant. Two weeks later we got engaged and 3 months after that we were married. We planned to wait 5 years to start a family since we hadn't known each other very long, but 4 months later I found out I was pregnant with our oldest son. Instead of becoming a flight attendant I became a farmer's wife...that is, until we lost the majority of our crops from wind snap, the following harvest. That, along with unending medical bills began many, many years of financial hardship and a 13-year battle with the IRS. What started out as a fairytale romance, quickly became a fight for our marriage. We were young and trusted people who didn't have our best interests at heart. We made many mistakes just trying to survive. We had our faith, our family and each other, but as far as pouring myself into our marriage, I didn't even know what that looked like. We've had CPA's and attorneys tell us they can't believe our marriage survived. If not for the sound advice from my beloved Aunt Carrie when I called looking for pity and support on my bandwagon, our lives would be so different today. Chad is still my Prince Charming, and has loved me every second of every day the past 33 years. We've been abundantly blessed with 3 great kids and 4 adorable grandchildren. Parenting has been such a blessing and challenge, all at the same time. Through it all we never gave up and were determined to not be a statistic. God has been so faithful in our darkest days. In January of 2020, right before Covid hit, we finally paid off our last medical bill. The burden that lifted is indescribable and has allowed us more flexibility in our empty-nesting years to start dating again, take trips that we never could afford, give abundantly on a whim if we see someone in need, breathe a sigh of relief that our mortgage will be paid on time, and hopefully never, ever see another letter from the IRS in our mailbox again. No matter what you may be going through, I encourage you to fight for your marriage and never give up on each other. While nothing is perfect, many days I have to pinch myself because I truly feel like God has given me my "happily ever after" and our story goes on.

Marci Epp - rickepp@hamilton.net

Hi yall! I married my best friend very young & over 34 years plus of living this sanctifying adventure of marriage, God's blessings & grace abound in spite of me! I am crazy about Rick & his kisses still make me weak in the knees! We've got 4 daughters, 3 sons-in-love, a granddaughter, & by the time this party happens our first grandson! I love laughing, cooking, eating, dancing, skiing, art, & parties of all shapes & sizes! I am an extrovert who loves pouring into the lives of women who are seeking the Lord! I'm sooo thankful that God gave us His word for a marriage guide & that He thinks we are adorable regardless of how we fail Him! There is no topic I won't discuss to help marriages! "May God who gives this patience & encouragement, help you live in complete harmony with each other, as is fitting for followers of Christ Jesus. Then all of you can join together with one voice, giving praise & glory to God, the Father of our Lord Jesus Christ," Romans 15:5-6, "Since God chose you to be the holy people He loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, & patience." Colossians 3:12

Nicole Johnson - nj112505@gmail.com

Being a wife and a mother was all I ever dreamed of becoming! I thought it would be all rainbows and unicorns and just flow so naturally. Boy was I wrong. Don't get me wrong, it's been amazing and wonderful, but marriage is WORK! And parenting isn't any easier. I'm 37 years old and I've been married to my awesome husband, Kyle, for 17 years and we have 7 kids ages 16,15,13,10,7,5 and 4. I am so very grateful for God's grace guiding me through this journey of being a wife of a firefighter and learning to love my husband the way he needs to be loved/respected. I don't have all the answers and I'm still learning everyday but I wouldn't want any other way

B1: MENTAL HEALTH

10:00 - 10:40

Kaylee Freese - kayleefreese@gmail.com

"And we know that in all things God works for the good of those who love Him, who have been called according to his purpose." Romans 8:28. My life's journey to this point looked nothing like I thought it would. After traversing a couple pivotal and life changing dark seasons, I can honestly read that verse and wholeheartedly agree. I would not change what I've walked through, because it has molded me into who I am today. Finding joy, meaning, purpose, encouragement, and hope along the journey IS possible.

Carissa Phillips - carissa_joy@live.com

In a battle with depression and anxiety, I am learning to daily surrender to God. He never said that things would be easy, but He is ALWAYS there to carry us through whatever it may be that we are going through. God is constantly teaching me that 1. I am not in control & 2. It's okay to not be okay and to ask for help!! I turn to James 1:2-8 often. It says "...when troubles of any kind come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow..."

Emily Hoegh - truthredefinedcoaching@gmail.com

Hi, I'm Emily. I'm a wife, working mother of 4, licensed therapist + life coach, suicide loss survivor and child of God...and that's just the surface. Each and every one of us has a story to tell, a story that is full of joy, pain, love, sorrow and the unknown still to come. Part of my story includes being a working mom stuck in a place of overwhelm-longing for peace and joy in my daily life but not knowing where or how to find it. I kept waiting for things to get "easier" or for my kids to get older or for something to change so that I could focus on myself. But each night as my head hit the pillow, the guilt, shame and sadness would set in. I found myself thinking I have so much to be grateful for - loving husband, healthy kids, good job, nice home - but instead of enjoying what I had, I felt tired, stressed and overwhelmed from trying to be it all and do it all. I thought every other mom had it figured out and I was doing something wrong. I felt weak- because as a licensed mental health therapist helping families and youth for over a decade, I couldn't help myself. On the outside I was a high functioning, well adapted, professional woman, wife and mother but on the inside I was crumbling. I was writing a story of motherhood that I didn't want to be in, so I started to write a new story-one with joy, fulfillment and peace. I worked to change the narrative that I was telling myself and began to be transformed by the renewing of my mind. (Romans 12:2). Whether you are a young woman navigating the world, a working mother or stay at home mom, you can change your story to have a life of joy and peace too. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. Romans 12:2

B2: FAVORITE APPS & BOOKS

10:00 - 10:40

Hannah Beck - hbeck@hamilton.net

"Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:2 God's word will transform our lives. I am so thankful there are resources available to help me grow and learn more about who God is and what he wants from me. As a teacher by trade, I realize the importance of study guides, books, and apps that help break down scripture. I love discovering new ways to hear God's word and store it in our hearts. Our learning styles, auditory, visual and kinesthetic, help us soak up information best. Together let's discover different books and apps that help you learn and grow in God's word.

Yvonne Carlson - yvonnecarlson1@gmail.com

Hi! I'm Yvonne Carlson. I live in Aurora with my husband of almost 25 years, Chad. We have four children: Kyla (21), Caden (19), Jenna (17) and Ryan (14). I love learning about Jesus and seeing His fingerprints in the Old Testament. Learning that God had a plan from the beginning to send His son into a fallen world at the perfect time to redeem all of humankind has been monumental in my faith walk. That's why I love to study the OT! I get such peace knowing that nothing surprised my heavenly father, He gave us the gift of free will AND had a plan in place to restore us back to Him. What a good, good father! Because the seamless thread of Jesus throughout the old and new testament are so powerful to me, I've enjoyed resources to help me dig into that concept. I can't wait to share them with you!

Anna Hunnicutt - annahunnicutt@gmail.com

"The heart cannot love what the mind does not know," -Jen Wilkin. Loving God and loving others well calls us to get to know the God we are to love, the whole story of who He is and what He's done for us. But sometimes (most times!) life gets busy and it's hard to see how we can incorporate a life with God into our everyday chaos. However, a life with God is exactly that, doing life, even the chaos, WITH Him. As a homeschooling mom of 4, from 15 down to 6, I'm always on the search for great resources to help along the way and there are so many resources out there, shared by people who love God and desire to know Him more. I pray you take away a few of our favorites to help you and your crew grow in relationship and understanding of God.

Alyssa Bartek - alysabartek@gmail.com

Alyssa Bartek is a wife to Rick and mom to three children. She attended Wayne State College for a counseling degree and now enjoys serving alongside her husband who is a pastor at Stockham Church. The Barteks reside in Henderson and share a love for reading and utilizing the abundance of Christian resources that are available.

C1: GOD DOES'T WASTE @UR PAIN

10:45 - 11:25

Amy Adams - firmfoundationofgrace@gmail.com

Betrayal. Rejection. Abandonment. When I found myself as a single mom of 4, ranging from 6 months to 8 years, I was completely broken. I had the choice of whether I was going to continue to see God as good and sovereign, or whether I was going to let anger and bitterness take over. It was a daily choice for a really long time, but I was very fortunate to have a family and a body of believers that circled around me and held me up. When I chose to continually see God as good and gracious no matter what, I was able to see things that He had set in motion before the life I knew changed drastically. I was able to see that He was providing for my children and me before I even knew that we needed provision. I experienced a side of God I had never experienced before. I was forced to rely on family and church family to survive the day to day, and my kids and I were blessed by the body of Christ in so many ways. Being reminded consistently who God was through scripture, through encouragement from others and through music helped me to focus more on Him than on my circumstances. I walked through several really hard years with God by my side, and completely in God's strength and not my own, but I still felt like my head was barely above water a lot of the time. That truth tends to make me feel completely under qualified to speak on topics like this. Honestly though, I think that's how a lot of us feel, like our head is barely above water, especially as we walk through painful situations-but God is there to give you His strength and to walk alongside you, and so are we. "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. 2 Corinthians 1:3-4 ESV

Kayla Messersmith - k_messersmith@hotmail.com

BROKEN (broken; brō-kən): to have been violated or forcibly separated into pieces, not complete, or full, not working properly, made weak, being in a state of disarray, subdued completely, damaged, shattered, incomplete, fractured, crushed, disconnected, violated. (Merriam-Webster's Dictionary)

Did any of these words trigger some hurt from a time in your life when you would've used the word to describe the state of your heart? No matter how the story of your life goes, we have all felt the stings, deep aches, and a lot of times debilitating pain brokenness leaves our hearts feeling. On our own brokenness consumes us. With Jesus, brokenness is only the beginning, and the beauty He brings up out of the ashes of brokenness is something only His hand of renewal can accomplish. Through God's guidance in working out the emotional pain and baggage I carried from my childhood into adulthood, I am finding the beauty from those ashes as I fulfill my calling as a mom and a foster mom. Advocating emotional health and well-being for the children brought into our home by brokenness. I can't wait to share my testimony to God's graciousness in my life and to encourage you give Him your brokenness too and watch the beauty only our gracious Father can bring through it.

RENEWED (re-new; ri-nū): to make extensive changes in, to make like new, restore to freshness, vigor, or perfection, resuscitated, refreshed, revived, replenished, repaired, rejuvenated, revitalized. (Merriam-Webster's Dictionary)

Megan Hunnicutt Rikli - meganrikli@gmail.com

Qualifying for a panel like this is something I never envisioned or expected. My husband, Chris, and I had a uniquely and beautifully curated life. A life that changed in a (missed) heartbeat. Through the heartbreak and heartache that followed, friends and family shared in my suffering and held my hurt. Letting others witness my pain felt risky, vulnerable, and uncomfortable. Especially when I was used to being strong and self sufficient, and the person I relied on to comfort me was no longer here. Yet, trusting and being genuine and open about our feelings with ourselves, others, and God acknowledges the reality of pain and allows us to process our grief and move forward in our healing. We need each other. "Rejoice with those who rejoice, weep with those who weep." Romans 12:15 ESV

C2: WELCOME TO PARENTING

10:45 - 11:25

Lisa Reichardt - toddlisareichardt@gmail.com

I've been married to Todd for 35 years and we have 4 grown (mostly 😊) children and 5 super fun grandkids! Along with raising kids, I owned and directed a preschool for 17 years and then worked in the Aurora Middle School for 11 years. I now stay home so I can take care of grandkids and travel. I am here to attest to God's grace and faithfulness in the parenting journey. He is so good to us!

Charis High - nchigh@hotmail.com

I have been married to my amazing hubby, Nate, for 12 years! We have three children, Lydia (9), Titus(6), and Zion(3). They keep us busy and are a huge blessing in our lives! I teach part-time at the elementary school in Aurora and also take photos on the side. As a family we love to do outdoor activities together, play games, go fishing, hiking, and swimming together. The Lord has been so good to us and has used our three sweet babes to sanctify me on a daily basis! My greatest prayer and joy as a parent would be that my children will grow to love and live for Jesus fiercely! That they will sacrifice all temporal earthly pleasures to serve their Savior! I look forward to meeting you and getting to journey together in this amazing blessing of parenting!

Deb Oswald - madfarmer@hamilton.net

Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding, but in ALL your ways acknowledge Him and he will make your path straight. This verse has been one of my favorite verses and over the last 35+ years of being a parent, we sometimes don't understand God's way but we need to trust Him in all the little and the big situations.

One of my favorite quotes is: Faith is taking the first step when you can't see the whole staircase. How true is that, we may not see what's coming, but we have to have faith that God knows and is in control. God has taught me lots over the last 10 years but the biggest one is that I'm ultimately not in control and that we need to rely on God each and every day.

Ashley Holtorf - a.holtorf3@gmail.com

Stay at Home Mom to 4 girls, 1 boy - Farmer's wife - What I love about God's word is that it never gives us a command without giving us the tools to fulfill the command. With parenting, having tools to be the best parent I can, is essential. Ephesians 6:4 instructs us not to provoke our children to wrath but to bring them up in the fear and admonition of the Lord. The rest of chapter 6 gives us all the tools we need in guiding them to do just that. Am I the perfect parent, no, but I'm learning to use the tools God has given me to fulfill His command on how to raise the children He has blessed me with."

KEYNOTES

LAURIE ANDERSON

landerson@4rhuskies.org

Once upon a time, there was a little girl who had 5 wishes:

- 1 - To love the Lord
- 2 - To find a Prince who would love to serve and bless others!
- 3 - To have a family who would walk with the Lord!
- 4 - To use the gift the Lord has given her to teach Kindergarten!
- 5 - To be intentional each day and in every situation to share God's love.

As we all know Fairy Tales are not real but this little girl got her wishes not by magic but by the grace of God! We are not promised an easy life and she has had a journey to her castle, but she knows God has a plan. I met my Prince, Phil and we have been married for 35 wonderful years (37 years teaching) and have two sons Levi and Spencer. We are also blessed with beautiful daughters-in-law Charity and Alli. The Lord has blessed us with grandchildren, Noelle and Theo. My life verse is Matthew 5:16 "In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

JULIE BRENTON

brentonjulie@gmail.com

Julie lives in Grand island and has been married to Dan for 40 years. They enjoyed working full time with Cru for 17 years before jumping into church ministry in 2000. Dan and Julie have fought hard on behalf of marriages and families and have had the privilege of speaking with Family Life's Weekend To Remember Marriage conferences for the past 27 years. Currently Julie's greatest passion is being the Teaching Director for the local Grand Island Community Bible Study, allowing her the opportunity to help women of all ages grow and mature in their spiritual journey.

NOTES

Or space for "your kids" to doodle :)

RESOURCES

BOOKS:

1. Lemons on Friday: Trusting God Through My Greatest Heartbreak - Mattie Jackson Seletman
2. Faith Doesn't Erase Grief: Embracing the Experience and Finding Hope - Kate J. Meyer
3. 10 Ways to Love Your Husband - Lisa Jacobson
4. 10 Ways to Love Your Wife - Matt Jacobson
5. The 4 Habits of Joy-Filled Marriages - Marcus Warner & Chris Coursey
6. Friends, Partners, & Lovers - Kevin A Thompson
7. Happily - Kevin A Thompson
8. Simple Habits For Marital Happiness - Randall Schroeder
9. Married Sex - Gary Thomas & Debra Fileta
10. Cherish - Gary Thomas
11. A Lifelong Love - Gary Thomas
12. Love & Respect - Dr. Emerson Eggerichs
13. Shepherding a Child's Heart - Tedd Tripp
14. Uninvited - Lysa TerKeurst
15. Raising Passionate Jesus Followers: The Power of Intentional Parenting - Phil and Diane Comer
16. The 5 Love Languages of Children - Gary Chapman & Ross Campbell
17. Don't Mom Alone - Heather MacFadyen
18. Lies Women Believe - Nancy Demoss Wolgemuth
19. Lies Girls Believe - Nancy Demoss Wolgemuth (do as a mother daughter)
20. Perfectly Yourself - Matthew Kelly
21. It Starts at Home - Kurt Bruner and Steve Stroope
22. She Reads Truth - Rachel Myers & Amanda Bible Williams
23. Present over Perfect - Shauna Niequist
24. Future Men - Douglas Wilson
25. For the Sake of Our Youth - Tessa Stuckey (therapist talks about youth-depression and suicide)
26. UnSelfie - Michele Borba (discusses how to cultivate empathy into youth in this digital selfie day of age)
27. The Illustrated Happiness Trap - Russ Harris & Bev Aisbett
28. Breaking Free from Body Shame: Dare to Reclaim What God Has Named Good - Jess Connolly
29. Habits of the Household - Justin Earley
30. Risen Motherhood - Emily Jensen & Laura Wifler
31. Doing Life with your Adult Children - Jim Burns
32. Parenting - Paul Tripp
33. Praying Through the Bible For Your Kids - Nancy Guthrie
34. The Big Book of Questions & Answers - Sinclair B Ferguson
35. Indescribable - Louie Giglio
36. Our Daily Bread for Kids - Crystal Bowman & Teri McKinley
37. Let there be Light - Danielle Hitchen
38. From Eden to Bethlehem - Danielle Hitchen
39. Counting Through the Bible - Daily Grace
40. Everyone A Child Should Know - Clare Heath-Whyte
41. The Awesome Super Fantastic Forever Party - Joni Eggeckson
42. Dinosaurs - Ken Ham

WEBSITES:

- 1 - The Bible Project - <https://bibleproject.com/explore/>
- 2 - The Bible Recap - <http://www.thebible Recap.com/start>
- 3 - Daily Grace Co - <https://thedailygraceco.com/collections/all-bible-studies>
- 4 - Christian Book - <https://www.christianbook.com/>

APPS:

- 1 - Verses - <https://apps.apple.com/us/app/verses-bible-memory/id939461663>

PODCASTS:

- 1 - Focus on the Family Parenting
- 2 - Risen Motherhood

EVEN MORE FROM

FAVORITE BOOKS & APPS PANEL:

Because we dedicated an entire panel to favorite books and apps, we did not list those on this page, but they can be found by clicking the QR code on the right :)



WE NEED YOUR HELP!

Help us decide next year's theme and panel sessions by sharing your thoughts here!



EVENT AND AUDIO DOWNLOADS, ADDITIONAL RESOURCES, CONTACT INFO, & PHOTOS CAN BE FOUND BY VISITING THE FOLLOWING SITE UNDER THE "2023 PRINCESS PARTY" TAB:

<https://lorimullarkey.wixsite.com/princesssteaparty>



Our ultimate goal is that this be an atmosphere that invites women of all ages to come and drink of the goodness that is true fellowship.

Every other week, we meet in the Monroe Family Center for a potluck brunch. After brunch, we pray! On the weeks that we don't have brunch & prayer, we go places and do fun things!

The Bible tells believers to care for, teach, comfort, encourage, exhort, pray for one another, bear one another's burdens, be devoted to one another, build one another up, spur one another on, etc

[View Schedule Here!](#)



SCAN ME



JUN
4

Women Sharpen Women Kick-Off

Sunday, June 4, 2023, 10-10:30am
Monroe E-Free Church

JUL
13

Women Sharpen Women Celebration Night

Thursday, July 13, 2023, 7-9pm
Laura Oswald's Home

What is it?

A commitment of meeting 5 weeks with a fellow sister in Christ to get to know one another, pray for one another, and encourage each other in life's daily struggles.

When and where is it?

You and your partner will choose a time and place that works in your schedule each week to meet for one hour together. We hope and plan to offer this program throughout the year so check back for upcoming dates.

What if I can't make it to the kickoff?

That is totally okay! Let us know and we will pair you up with a sister and keep you informed!

Save the date! Let's celebrate!

Once the five weeks are up, we will meet together for a celebration to hear all that God has done in our time together!

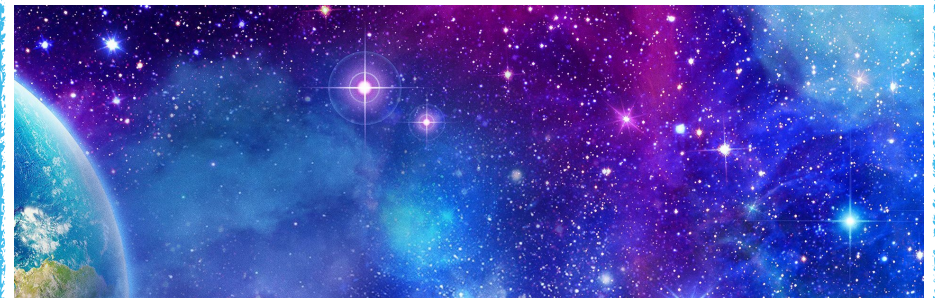


VACATION BIBLE SCHOOL

Launch kids on a cosmic quest where they'll have a blast shining Jesus' light to the world. Stellar rockets kids on an out-of-this-world adventure that's light years of faith-building fun.

SUNDAY NIGHT - TBD
MONDAY - 8:45 am - 11:30 am
TUESDAY - 8:45 am - 11:30 am
WEDNESDAY - 8:45 am - 11:30 am
THURSDAY - 8:45 am - 11:30 am

REGISTER HERE —>





Our Mission Statement is Simple

Moms in Prayer International impacts children and schools worldwide for Christ by gathering mothers to pray.

* * * * *

Praying together provides hope and strength to moms who carry heavy burdens for their children. Experience peace, joy and hope rather than anxiety when you pray scripturally and specifically for your child and their school with other moms.

* * * * *



Aurora Public Schools: Tuesdays at 8:30am at the Messiah Lutheran Church in Aurora. Contact Shawna Vinkenberg for more info.

To find out more about a group near you visit:
<https://momsinprayer.org>

THANK YOU!

This event would not be possible without help from those listed below.

EVENT HELPERS:

Greeters & Registration: Tessa Burgener, Kara Ronnau

Crafts: Allie Gomez, Alison Kunze, Renae Willburn, Sierra Collazo, Katy Bates, Stacey Wilgocki, Trish Hoegh, Anne Daly, Cindy Brill

Dance: Olivia Bangs & Lillian Ramaekers

Story Time & Etiquette Lessons: Laurie Anderson

Panel Speakers: Jenny Beck, Amy Owens, Angie Coufal, Jen Ramaekers, Dani Klute, Marci Epp, Nicole Johnson, Kaylee Freese, Carissa Phillips, Emily Hoegh, Hannah Beck, Yvonne Carlson, Alyssa Bartek, Anna Hunnicutt, Amy Adams, Kayla Messersmith, Megan Hunnicutt Rikli, Lisa Reichardt, Charis High, Deb Oswald, Ashley Holtorf

Ladies Keynote Speaker: Julie Brenton

Gospel Sheet - The Moana Version: Timaree Goertzen

Stage Games/Session MC's: Kristin Frew

Food Creators & Servers: Chad & Dani Klute, Susan Soper, Glenda Goertzen, Rondell & Jeanette Friesen

Desserts: Christi Aycock (cupcakes), Brad & Rachel Tiede (cookies), Tori Hofrichter (pretzel sticks), Emily Janzen (Fruit Pizza),

Karol Bankson (Salty & Sweet Fish), Cara Simon (Rice Krispie Treats)

Photographers/DJ Services: Tiffany Stevens (Event Photos), Black Tie Entertainment (Photo Booth & DJ Services),

Queens & Princesses: Kyla Carlson, Meri Sanderson, Jacee Christian, Journey Noyes, Eva Fahrnbruch, Hannah McDonald, Micole Yockey, Maddie Stevenson, Jenna Carlson, Kylie Svoboda, Kaityln Oswald, Adi Fahrnburch, Emma Bullerman, Ella Curtis, Kadence Kunze, Trinity Uhrmacher, Mady Brown, Eloise Jones, Caitlyn Johnson, Adeline Hunnicutt

Sound - Monroe: Joe Mullarkey, Ryan Johnson, Will Johnson, Brad Tiede

Event Help: Kristen Roebuck, Tina Vettel, Marci Epp, Lisa Manchester, Sierra Collazo, Randy & Kim Rasmussen, Brian Goertzen, Joelle Teaser

* Plus many others whose names were accidentally left off or I was unaware of their amazing help when these programs were printed.

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*** My apologies for any
names/businesses
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* For a detailed list of How
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Monroe Free exists to glorify God by building & equipping
believers who love Christ, love one another, & live to reach
our world for Christ.

To find out more visit: <http://monroefree.com>
Sunday Service @ 10:30 am



To help off-set the costs of this year's event and/or to help cover the cost of a
future event, donations can be made to Monroe E-Free Church in the
following ways: in person, through items on the amazon wish-list, or online at
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