

# Weekly Marriage Tune-Up

*To Encourage Communication and Strengthen Your Marriage*

Husband asks Wife.

1. What has been your biggest struggle this week?

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2. Have I been unloving to you in some way? What can I do so you'll feel loved by me?

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3. What has brought you joy this week?

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4. Do you feel that your needs are being met by me?

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5. How can I specifically pray for you this week?

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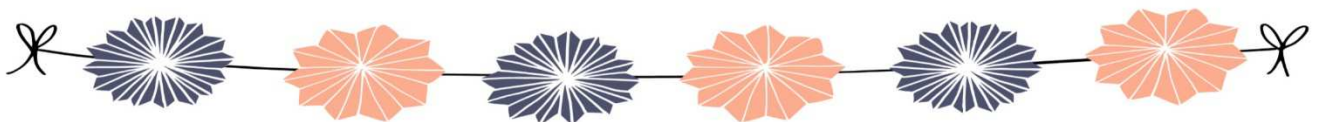
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6. Was there something I did this week that you really appreciated and that touched your heart?

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# Weekly Marriage Tune-Up

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Wife asks Husband.

1. What has been your biggest struggle this week?

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2. Have I been disrespectful to you in some way? What can I do so you'll feel respected by me?

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3. What has brought you joy this week?

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4. Do you feel that your needs are being met by me?

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5. How can I specifically pray for you this week?

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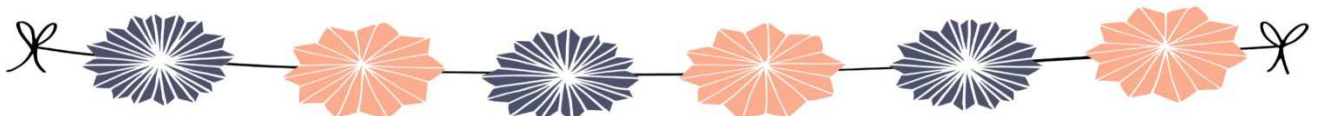
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6. Was there something I did this week that you really appreciated and that touched your heart?

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## A Prayer for Our Marriage

Lord Jesus, thank you for loving us. You knew us before we were even formed (Jeremiah 1:5) and are far greater than any troubles that come our way.

Help us to see each other's needs, and to love and respect each other in a way that glorifies you. Guide us in the way you want us to go, and reveal to us areas where we need to repent and improve.

Open our eyes to truth. Help us to forgive each other completely from past hurts, and help us to go forward with a renewed mind and a clean heart.

Thank you for never giving up on us, or on our marriage. Lord, we ask you to be the center of our lives and let us live according to your will.

In Jesus Name, We Pray.

