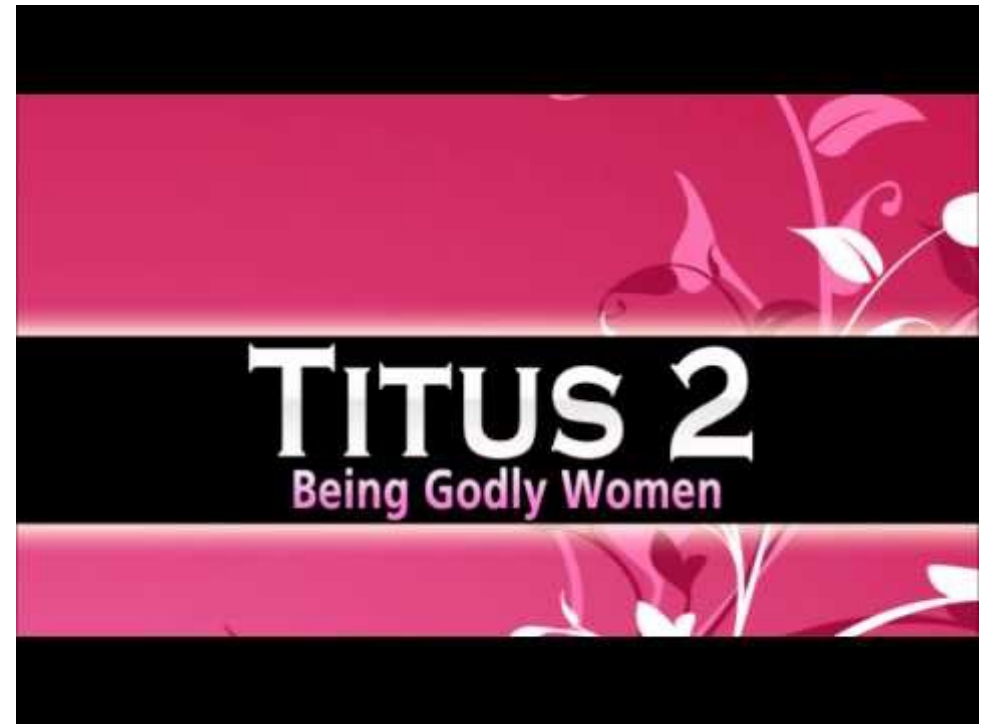


# A Princess Tea Party



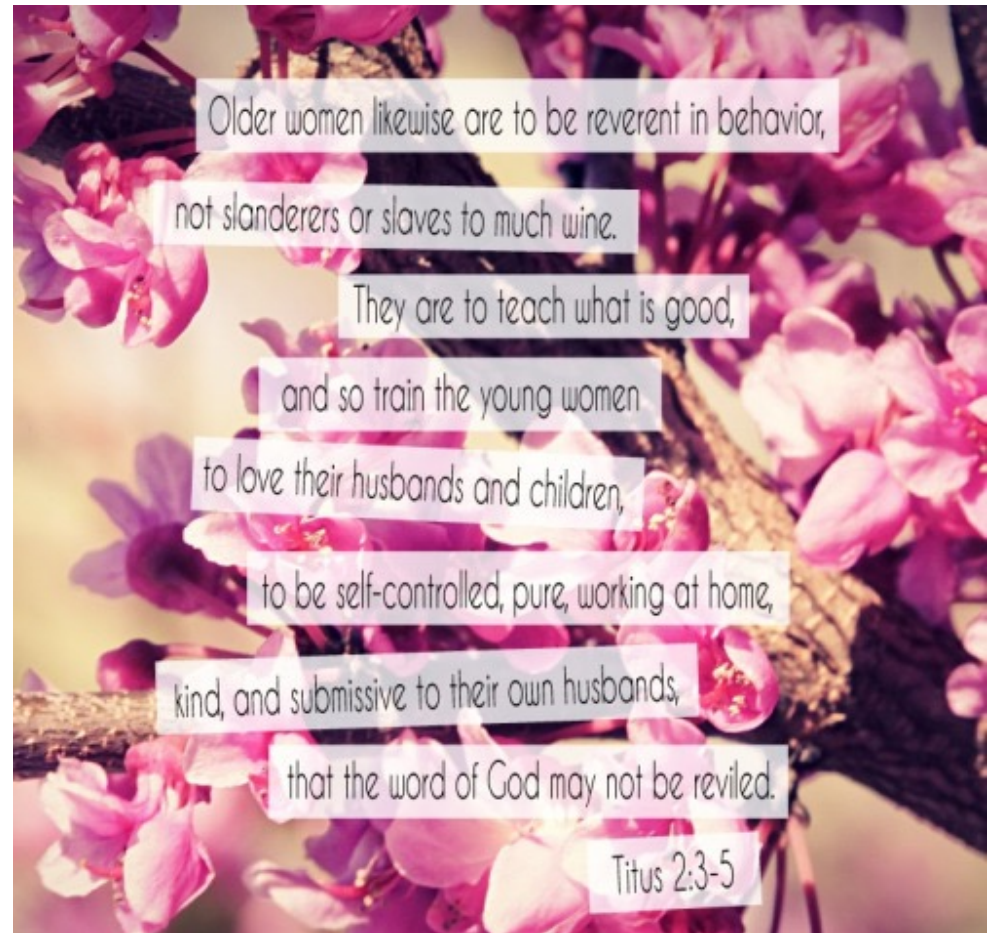
We desire to be a body of women who not only offer encouragement and help to one another in all phases of life, but more importantly we want to share God's love and serve others with a genuine passion!

Name: \_\_\_\_\_

# Schedule of Events:

|                      |   |
|----------------------|---|
| 8:30-9:00            | Registration & Picture Fun  |
| 9:00-9:05            | Welcome   |
| 9:05-9:45            | Young Girls: Craft Stations<br>Older Girls: Dance Session<br>Q & A Panel Sessions A1 & A2   |
| 9:45-10:25           | Young Girls: Dance Session<br>Older Girls: Craft Stations<br>Q & A Panel Sessions B1 & B2   |
| 10:25-10:35          | Girls Dance for Moms  |
| 10:35-11:00          | Story time with Princess Paige  |
| 11:00-11:30          | Light Tea Party Lunch   |
| 11:30-11:55          | IMPACT Performance  |
| 11:55-12:30          | All girls: Jazzercise<br>Adults: Susie Dos Santos   |
|                      | * Every Princess Needs A Fairy Godmother  |
| 12:30-1:00           | Free Time:<br> Door Prizes<br>Manicures/Pedicures<br>Photo Booth Fun |
| <u>Note:</u><br>1:15 |  Clean Up Begins   |

\* We won't turn down help - wink wink



# Panel Speakers

## Panel Session A1

Content will focus on the delicate issues of being kidless due to choice or external circumstances.

### Panel Participants

Triniti Jensen  
Timaree Goertzen

## Panel Session A2

Content will focus on MS & HS: dating, friendships, modesty, dances, curfews, over-scheduling, etc

### Panel Participants

Marci Epp  
Stacie Faber  
Lisa Reichardt  
Shannon Scheierman

## Panel Session B1

Content will focus on kids up through grade school: potty training, disciplining, puberty, sleepovers, etc

### Panel Participants

Yvonne Carlson  
Shawna Vinkenberg  
Deborah Fahrnbruch

## Panel Session B2

Content will focus on kids leaving the nest, grown children, loving spouse, & dealing with aging parents.

### Panel Participants

Jenny Beck  
Amy Owens  
Gina Aspegren  
Laurie Anderson

## Panel Session A1

Content will focus on the delicate issues of being kidless due to choice or external circumstances.

## Timaree Goertzen

timaree\_ann@hotmail.com

Kids: Brynlee Grace (would be age 4)

Survival Hobbies: reading, writing, running, spending time with friends/family, being outdoors, traveling and shopping

Favorite Verse(s): Lamentations 3:22-24 Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, "The Lord is my portion; therefore I will wait for him."

Tidbit of Advice: Lean into the tension. When you don't understand what God is doing, when life doesn't look the way you thought it would, when your head tells you that God is good, but nothing about your reality looks/feels good - don't run from those thoughts and feelings. Acknowledge the discomfort. And bring all the mess of your confused heart before the throne of God. Wrestle with all of it. God is so passionate about our hearts, and he can handle our questions, fears and messes. Don't give up. Deep, strong faith is built in those moments when we cannot see, but we choose to trust anyway. Facing the pain, the questions, the uncertainty is definitely not easy, but there is so much blessing in it. So lean in, dear ones, because real faith is forged in the tension.

## Triniti Jensen

trinitijensen@live.com

Survival Hobbies: socializing, bike riding, traveling to new places, minimizing & stylizing my home, any form of art is highly therapeutic for me

Favorite Verse: "The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged." -Deuteronomy 31:8

Tidbit of Advice: Our broken state longs for perfection, which makes loss hard. Loss of a dream, loss of expectations or anything really. Thanks be to God, He has given us a new dream in Jesus! Keeping our eyes on Him, our trials and loss on this earth seem watered down. We have hope and can forget what is behind and can press on toward the goal for which God has called us heavenward in Christ Jesus. Continue to stir your affections toward Jesus, sisters!

## Panel Session B1

Content will focus on kids up through grade school:  
potty training, disciplining, puberty, sleepovers, etc

## Deb Fahrnbruch

dfahrn@rocketmail.com

Kids: Eva (12 - 6th Grade @ AMS), Adi (9 - 4th @ Aurora),  
Vivi (6 - Kindergarten @ Aurora)

Survival Hobbies: Jazzercise, listening to music, attending concerts, sleep

Favorite Verse(s): 1 Thessalonians 16-18 Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. - Philippians 4:6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

Tidbit of Advice: None of us have it figured out! Consistency is your best friend as a parent. Allowing your kids to make choices, and helping them realize there are consequences to every choice they make in life--whether it's good or bad. I have learned they grasp this concept very early on in life.

## Yvonne Carlson

yvonnecarlson1@gmail.com

Kids: Kyla (15, Freshman at AHS), Caden (13, 7th grade at AMS), Jenna (11, 5th grade at AES), Ryan (8, 2nd grade at AES)

Survival Hobbies: Bible studies, Jazzercise, Volunteering, Substitute Teaching, Bookwork for a few companies.

Favorite Verse(s): Proverbs 1:7 The fear of the Lord is the beginning of Knowledge, only fools despise wisdom and justice.

Tidbit of Advice: Sweet friends, you are the heartbeat of your home. Chose what is important to you and your family very carefully. Activities will pull us in all directions. Model what it looks like to love the Lord with all your heart and love others as ourselves.

## Shawna Vinkenberg

vinkenberg@hamilton.net

Kids: Aaron (18, freshman at Nebraska Wesleyan), Levi (14 - freshman at Aurora High School) Aleah (12 - 6th grader at Hampton Lutheran)

Survival Hobbies: Reading, Travel, Creating Digital Memory Books, Volunteering

Favorite Verse(s): Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your won understanding; in all your ways submit to him and he will make your paths straight. Zephaniah 3:17 "The Lord your God is with you, He is mighty to save. He will take great delight in you, he will calm all your fears. He will rejoice over you with loud singing."

Tidbit of Advice: Ladies, refrain from speaking critical of yourself in front of your youngsters--especially your daughters. Remember YOU are precious in the sight of our God -- He doesn't make mistakes. Look for the beauty in yourself and train your children to see the positive (both inside and out) in themselves as well.

Notes:



## Panel Session A2

Content will focus on MS & HS: dating, friendships, modesty, dances, curfews, over-scheduling, etc

Marci Epp

rickepp@hamilton.net

Kids: Savannah 22; Madeline 21; Lillian 18; Julianna 16

Survival Hobbies: Jazzercise, creating things in the kitchen, sewing, organizing, & parties! I love to encourage young mommas in their pursuit of holiness by being the best wives & mommies they can be! I am a Southern city girl living on a Midwest farm! Lover of Jesus, my hubby, my 4 favorite daughters, laughter, pink, polka dots, coffee, gathering, & grace!

Favorite Verse(s): 1 Thess 5:16-18 "Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

Tidbit of Advice: Turn off the tv, screens, video games, phones, iPads-Love your family hard! Never criticize, make fun of, or shame them. Hug them & say something you love about them everyday! Create a "team" mentality in your family! It's y'all against the world! Protect, value, love, respect, & cherish team members!

Stacie Faber

faber@hamilton.net

Kids: Aly (Alyssa)- sophomore @ Nebraska Wesleyan, Paige- senior, Lexie- sophomore, & Dane-6th grade

Survival Hobbies: cooking/baking, reading, travel, all things Disney, singing & dancing around the house

Favorite Verse(s): Proverbs 3:5-8 Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes; fear the Lord, and turn away from evil. It will be healing to your flesh and refreshment to your bones.

Tidbit of Advice: My mother always reminded me "treat others as you want to be treated". That became my mantra with my own children. Every moment is a learning opportunity- talk to your kids through the good times and the bad times and help them observe feelings. Praying for myself and my children and taking time to find the "quiet" to hear what He is telling me. I have been blessed with our 4 children, saddened by our 3 miscarriages, and through all of it knowing that Mom is the most amazing and precious role I will ever have!

Lisa Reichardt

lreichardt@4rhuskies.org

Kids - Jaime (married to Tim, Kindergarten teacher in Michigan), Jessa (married to Carson and Mama to sweet Cooper, Kindergarten teacher in Hebron), Bryce (freshman at UNK) Cade (Sophomore at Aurora High School)

Survival Hobbies- Diet Coke, shopping, attending sporting events, trips to warm climates

Favorite Verse: Colossians 1:17 "He is before all things, and in Him all things hold together."

Tidbit of Advice - Todd and I try to remind each other to parent our kids' hearts and many times their behaviors will fall into line. (Does not apply to a stubborn toddler!)

Shannon Scheierman

shanshyl4@gmail.com

Kids: Jama 19-lives and works in Lincoln - Jasa 18 -senior in high school, Colorado Christian next fall - Baylor 16- sophomore in high school - Masa- 13- 7th grade - Booker 10- 4th grade

Survival Hobbies: I love exercising-walking, running, and indoor cycling. I enjoy supporting my children in all of the activities they are involved in. Fountain Pepsi is my special treat!

Favorite Verse(s): Isaiah 41:10-Do not fear, for I am with you; Do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, Surely I will uphold you with my righteous right hand. - Proverbs 17:22 A joyful heart is good medicine, but a broken spirit dries up the bones.

Tidbit of Advice: Purpose to spend one on one time with each child! - Show honor and respect to your husband. Build him up in front of your children. - PRAY!!!!

Notes:

## Panel Session B2

Content will focus on kids leaving the nest, grown children, loving spouse, & dealing with aging parents.

### Jenny Beck

dbeck@hamilton.net

Kids: Kylie 26 (Zach) High, Morgan 25 (fiance Jack Saxton), Hannah 22, Taylor 19 Granddaughter Vivian

Survival Hobbies: running/exercise, wood crafts, spending time with family

Favorite Verse(s): Philippians 2:3-4 Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests but also to the interests of others. James 1:19 Everyone should be quick to listen, slow to speak and slow to become angry.

Tidbit of Advice: Almost everything in life is a cycle or a stage. We need to learn to navigate each stage of life with Gods help being flexible, consistent & pliable, allowing God to shape us in all our circumstances. As my kids have grown up I have been able to see the importance of praying for them daily allowing God to work through them rather than me trying to control them.

### Amy Owens

prins.amy44@gmail.com

Kids: 9 children living and one with Jesus. The oldest is 29 and the youngest is 10. The youngest 3 are all boys, two who were adopted from Haiti. We combined our family on June 30th of this last year. We have an ultra blended family, but there are no step-children in our world they are all our children.

Survival Hobbies: I work for myself in the Health and Wellness field I do everything from personal training to education on eating and everything between.

Favorite Verse(s): 2 Corinthians 5:17 Therefore, if anyone is in Christ Jesus the Old is gone the new has come.

Tidbit of Advice: My best advise is something I heard from a sermon by Matt Chandler "don't hang on to anything so tight that God has to break your hands to let it go". We have children in the Mission field and some not walking with the Lord. They are in Gods Hands and I have released them.

### Gina Aspegren

ginaaspegren@hotmail.com

Kids: 8

Survival Hobbies: landscaping and designing home improvement projects - SLEEP, because I am a much older parent, I realize I must get the rest I need.

Favorite Verse(s): Isaiah 26:3 He will keep in perfect peace all those who trust Him, who's thoughts turn often to the Lord! This is my favorite because I'm a worrier and fixer and I need to look to the Lord instead of my worries

Tidbit of Advice: Quit trying to show everyone what a great parent you are, instead show them what a great Father you have!

### Laurie Anderson

landerso@4rhuskies.org

Once upon a time, there was a little girl who had 4 wishes:

- \* To love the Lord
- \* To find a Prince who would love to serve and bless others!
- \* To have a family who would walk with the Lord!
- \* To teach Kindergarten for 50 years!

As we all know Fairy Tales are not real but this little girl got her wishes not by magic but by the grace of God! We are not promised an easy life and she has had a journey to her castle but God is good and she almost has her four wishes(19 more years of teaching, Lord willing.)

I met my Prince, Phil and we have been married for 29 wonderful years and have 2 sons Levi and Spencer. We are also blessed with a beautiful daughter in law, Charity!

My life verse is Matthew 5:16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Notes:

# Guest Speakers

## Princess Paige Miksch

pjewell2pj@gmail.com

Graduated from Grace University with a Teaching Degree

Fun Fact: I just got married in October to the love of my life and the man of my dreams, Ryan!

Favorites: Netflix, coffee, and puzzles

Favorite Princess: Belle from Beauty and the Beast

What God has been teaching me lately: Be Fearless!  
Isaiah 41:10 states "Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." It is okay to be afraid sometimes, we all get that way. But it is not okay to let fear control you. Whenever you are afraid, remind yourself that God is greater and more powerful than anything you can be afraid of and He wants you to trust him more.

## Susie Dos Santos

susie.dossantos@gmail.com

Kids: Isaac (10, 5th Grade) & Isabelle (9, 3rd Grade)

Survival Hobbies: Playing board & card games with friends, Reading, Netflix

Favorite Verse(s): Proverbs 31:25-26 She is clothed with strength and dignity, and she laughs without fear of the future. When she speaks, her words are wise, and she gives instructions with kindness.

Tidbit of Advice: Two things I have really hung onto in my life. First, it's not what you say but how you say it. In life, our words have power so make sure you are speaking life into people, even in those tough conversations. The second is you can't control if a bird lands on your head but you can control whether it makes a nest or not. Just because a thought enters your mind doesn't mean you need to make room for it. If it doesn't line up with who you are as a daughter of the King, shoo it away.

# Notes

## Mom's In Prayer

Experience the joy of replacing anxiety with peace and hope when you pray scripturally and specifically for your child and their school with other moms. Join us for a powerful time of prayer! Tuesday mornings at 8:30 at the Pleasant View Bible Church. Contact Angela at [hackett@hamilton.net](mailto:hackett@hamilton.net) for more information, or check out the Moms In Prayer website at [momsinprayer.org](http://momsinprayer.org).

# THANK YOU!

This event would not be possible without help from our helpers listed below.

## Event Helpers:

Registration Table: Emily Janzen, Steph Kittle & Michelle Sutter

Crafts: Rachel Tiede & Ashley Caudill

Dance: Hannah Beck

Girls Princess Speaker: Princess Paige Miksch

Mom's Motivational Speaker: Susie Dos Santos

Jazzercise: Deborah Fahrnbruch & Stacy Geortzinger

Panel Speakers: See program for all participants

Food: Victoria Jensen, Marilyn Gustafson, Nancy Paschke, Joann Hattan,

Paige Fox, Emily Janzen, Joe Mullarkey, Kim Rasmussen, Lisa Manchester, Cyndi Mullenburg

Childcare: Karrie Simmons & Youth Girls

Young Girls Helpers & Princesses: Middle & High School Students

Photographer: Sandy Wilkie

Special Guest Princesses: Madeleine Epp (Belle), Savannah Epp (Elsa)

Sarah Pogue (Cinderella), Taylor Kittle (Ariel), Ashley Caudill (Aurora), Aly Faber (?)

Speaker Princess Hair: Katie Kiner

Speaker Princess Make-Up: Emily Peterson (Emily Peterson Photography)

'Use Me However': Sandra Ellefson, Carrie Barber, Sue Soper, Cindy Brill

IMPACT - Aurora's Female Show Choir led by Jason Frew

Sound - Joe Mullarkey, Elliot Jensen

Party Help - Kristin Frew, Jen Albin, Annette Miller, Joe Mullarkey, Kim Rasmussen

Prop Help: Randy & Kim Rasmussen

## Event Donors:

Akdonna (eBay) - Plastic Princess Tablecloth

Amy Owens - Personal Training Sessions

Anna Hunnicutt - Pampered Chef - Cookie Sheet & Cookie Cutters

Annette Miller - Cupcakes

ArtsyTypeShop - Wanda Aubin - (etsy) - Fearfully & Wonderfully Made Digital File

CANOPY Interior Design - Alison Morrow & Emily Hoegh - 2 hrs of Design

Carriage Cushions - Shelley Husbands

Custom Rental Services (Grand Island) - backdrop

Dailey Krafter - daileycrafting (etsy) - Paper Castle Centerpieces

Darice - Wholesale Pricing Given

Dena Grantham - Thirty-One Products & Isagenix

eBay L21106 - Gold European Style Metal Pillar Candelabra

ElegantPrintUS - Felicia Green - (etsy) Pink/Gold Flowers Psalm 139:14 Digital File

Etsy - svgmachine & SVGFilesLab - Digital Princess Silhouette Files

Favorsandcrafts (eBay) - 1 White Centerpiece Carriage

Girls Gift Bags - Sandy Wilkie

Jean Marchand - Various Disney Figurines

Jen Heath Jennings - Jamberry Nails

John Orłowski Jr - Life-size Carriage

Keshogles (eBay) - Plastic Princess Tablecloths

Laurie Anderson - Water Aerobic Gift Certificate, Towel, Waterbottle Set

Lisa Manchester - Snack Cups

Lori Mullarkey - wall art & Event Decor

MA Nelson - Disney Princess Wall Art

Norwex - Susie Evans - Gray Kids Pet Hand Towel, Envirocloth & Window Cloth

Oriental Trading Company - \$25

Priority Ministries - Princess Warrior DVD Set & Beauty by the Book Studies

StopGrowingUp - Carol Joy - (etsy) - You are HIS Digital File

Super Incredible Designs (amazon) - princess tents

The Toy Nation (eBay) - Princess Stand Ups & Princess Coloring Books

The Mason Jar - Kristin Roebuck - Tea Pot Centerpiece & Hanging Baskets

The Old Homestead - Gift Certificate

Tim & Rachel Jewel - Dowels & Bells for Dancing Wands

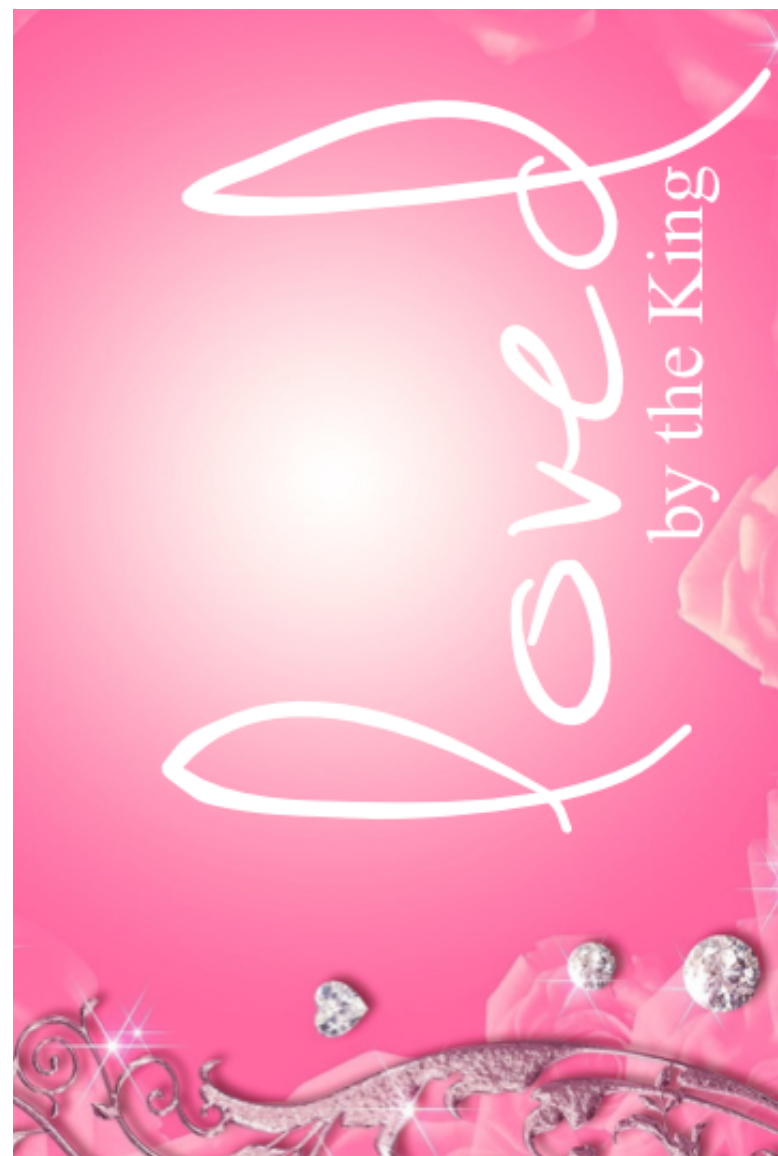
Touch of Health - Anne Daly - 30 min gift certificate & Essential oil

TrinJensen Photography - Mommy & Me Session

wesellthemagic (eBay) - Tim - Various Disney Items

## Free Printable Art

Once, home, simply cut out the 4x6 picture below and frame it to remind you of your worth in Christ!





Monroe E-Free Church 1001 West 18th Rd, Phillips, NE 68865  
402.854.2212